

# 52 Weeks of Occupational Therapy TABLE OF CONTENTS

***\*\*PLEASE note that you will receive a colorful, peds OT-friendly version including a calendar with ALL activities outlined by week and a fun supply-list for activities. This is a simple table of contents to show you what is included.***



**\*\*EACH activity is uniquely created specifically for the 52 weeks of OT activity pack and includes over 2000 pages of printables! Download and use when YOU need them.**

## JANUARY

### **WEEK 1 HEALTH & SAFETY**

GM: Mask and Germ Color Match Obstacle Course  
FM: Clean & Tidy Eye-Spy  
Cog/Sens: 12 Months of Life Skills  
VP/VM: Bathroom Memory Match

### **Week 2 Emotions**

GM: Emoji Twister  
FM: Emotions Activity Pack  
Cog/Sens: Emotions Dough Mats  
VP/VM: Emotions Eye-Spy

### **Week 3 Winter**

GM: Winter Movement Cube Activity  
FM: Frozen Pack & Eskimo Pack  
Cog/Sens: Cotton Ball & Winter Bin  
VP/VM: Winter Clothes Matching Game

### **Week 4 Home**

GM: Home Gross Motor Activity Cards  
FM: File Learning Pack  
Cog/Sens: Parts of the House Pack  
VP/VM: Eye-Spy Fire & Police

### **Week 5 Snow**

GM: Obstacle Course Creation & Snow Angels  
FM: Snowflake Cutting & Winter Cutting Pack  
Cog/Sens: Winter Clothing Pack  
VP/VM: Snowflake VP Activity

## FEBRUARY

### **Week 6 Feelings**

GM: Emotions Matching GM Game  
FM: Emotions Clipping Cards  
Cog/Sens: Emotions Feelings Search Activity  
VP/VM: Friend Sort Activity

#### **Week 7 Hearts**

GM: Valentine Letter/Heart Match During Obstacle Course  
FM: Hearts BINGO & Q-Tip Painting Activity  
Cog/Sens: Valentine Tic-Tac-Toe Activity/Game  
VP/VM: Love Letters Find & Color Activity

#### **Week 8 Colors**

GM: Germ Color Match GM Activity  
FM: Rainbow Yarn Bin  
Cog/Sens: Spanish Colors Activity  
VP/VM: Feb. Faces Color by Number

#### **Week 9 Robots**

GM: Walk to Music Like a Robot  
FM: Robot Repair FM Mats – Use Dough  
Cog/Sens: Code Breaker Task  
VP/VM: Robot VP, Form Constancy, and Visual Closure – Use Pencil

#### **BONUS OT Tips**

GM, FM, Sensory, VP/VM

### **MARCH**

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#### **Week 10 Rainbow**

GM: Alphabet Rainbow Match  
FM: Q-Tip Activity Pack – Rainbow & Scoop and Count Printable Activity  
Cog/Sens: Rainbow Sky Bin  
VP/VM: LEGO Pattern Colors Activity

#### **Week 11 St. Patrick's Day**

GM: Color Hunt Challenge  
FM: St. Pat's Dough Mats  
Cog/Sens: Secret Coding Pictures  
VP/VM: St. Pat's Color by Number Activities

#### **Week 12 Spring**

GM: Paper Plate Balloon Tennis Activity  
FM: Q-Tip Activity & Huge Spring Cutting Pack  
Cog/Sens: Spring Memory Match  
VP/VM: Spring Symmetry Pack & Spring Eye-Spy

#### **Week 13 Alphabet 1**

GM: Crayon Find and Letter Build Activity  
FM: Alphabet Books (Cutting and Pasting)  
Cog/Sens: Make the Alphabet Dough  
VP/VM: A-Z Tangrams

#### **Week 14 Alphabet 2**

GM: Road Letters to Simulate Vehicles  
FM: Alphabet Cloud UC/LC Activities PLUS Animals Find, Spin, Trace Game  
Cog/Sens: ABC Animal Find  
VP/VM: Alphabet BINGO

## APRIL

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### **Week 15 Animals**

GM: Musical Animal Activity

FM: Feather Beading, Animal Alphabet, Unicorn Activities (SO many from which to choose 😊)

Cog/Sens: Animal Walks/Bunny Hop

VP/VM: Bear Face Matching Pack

### **Week 16 Easter**

GM: Easter Peep UC and LC Letter GM Activity

FM: Spring Cookie Cutter Activity

Cog/Sens: Egg Sounds – ‘Noisy Egg Game’

VP/VM: Easter Alphabet Activity Pack

### **Week 17 Shapes**

GM: I Can Build Shapes

FM: Q-Tips Shapes and Rainbow

Cog/Sens: Shape Friends Activity Pack

VP/VM: Tetris Activity (Printable0

### **Week 18 Dinosaurs**

GM: Dino Spinner Game

FM: Dino Pre-Writing Pack & Dino Rubber Band Task

Cog/Sens: Dino Activity Pack

VP/VM: Dino BINGO

### **BONUS OT Tips**

GM, FM, Sensory, VP/VM

## MAY

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### **Week 19 Jobs**

GM: YMCA and Rescue Heroes Moves

FM: Job Activity Pack

Cog/Sens: Messy Play in Mud Activity

VP/VM: Occupations Puzzles, Helpers Puzzles

### **Week 20 Senses**

GM: Senses Match Gross Motor Game

FM: 5 Senses Activity Pack

Cog/Sens: Cotton Ball Scent Activity (Printable)

VP/VM: Color Sort – Any Item in Most Classrooms/Clinics

### **Week 21 Bugs**

GM: Bug Hop Activity

FM: Bugs Pack AND Hungry Caterpillar Q-Tip Pack

Cog/Sens: Bug or Not a Bug Activity

VP/VM: Bee Activity Pack – Matching and Memory Games

### **Week 22 Zoo**

GM: Zoo Movement Cube

FM: Zoo Color by Numbers

Cog/Sens: Wash Zoo Animals Straddle Bolster for Core Movement/Transverse Plane  
VP/VM: Animals pages in Huge Eye-Spy Activity Pack (begin pg. 136)

### **Week 23 Bees**

GM: Bee Movement Match Music  
FM: Busy Bee Printable Pack  
Cog/Sens: Messy Play Yellow  
VP/VM: Bee Shadow Matching Printables

## **JUNE**

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### **Week 24 Ocean**

GM: Jellyfish Streamer (Instructions Provided)  
FM: Under the Sea Q-Tip OR Whale Craft  
Cog/Sens: Ocean Clip and Count  
VP/VM: Shark Animal Zoo Brain Game

### **Week 25 Space**

GM: Astronaut Obstacle Course  
FM: Alphabet Clouds OR Space Activities  
Cog/Sens: Alphabet Star Maze Pack  
VP/VM: Monsters Inc. Letter Match Printable

### **Week 26 Summer**

GM: Pool Noodle Obstacle Course  
FM: Summer Q-Tip OR Summer Maze & Scrambled Words  
Cog/Sens: File Folder and Coin Letter Sort Game  
VP/VM: Summer Matching Letters OR Camping Time Mazes

### **Week 27 Stars**

GM: Taped Line Activities 'Star beam'  
FM: Star Wars Huge Cutting Pack  
Cog/Sens: Count the Stars Activity  
VP/VM: Star Wars Huge VP Pack

### **BONUS OT Tips**

GM, FM, Sensory, VP/VM

## **JULY**

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### **Week 28 Food #1**

GM: Veggie GM Game  
FM: Parts of an Apple OR Taco Build Activity  
Cog/Sens: Pizza Counting Dough Activity  
VP/VM: 4<sup>th</sup> of July Eye-Spy and Food from HUGE Eye-Spy Pack (pg. 118-126)

### **Week 29 Circus**

GM: Minute to Win It Game Printables OR Circus Animal Walks  
FM: Circus Themed Activity Pack  
Cog/Sens: Ice-Cream Counting  
VP/VM: Circus Eye Spy from HUGE Pack

### **Week 30 Camping**

GM: Marshmallow Shape Build *Gathering* OR Summer Camp Calendar  
FM: Marshmallow Shape Build *Building* Activity and Copy to Paper  
Cog/Sens: Sensory Activities for Little Campers and Camping Time Mazes  
VP/VM: Camping Eye-Spy

**Week 31 Food #2**

GM: Cupcake Letters UC/LC Matching via GM Obstacle Course  
FM: Watermelon Activity Pack  
Cog/Sens: Food Dough Mats  
VP/VM: Food BINGO

**Week 32 4<sup>th</sup> of July**

GM: Patriotic Music with Streamers  
FM: Pipe Cleaner Twist to Make Sparklers  
Cog/Sens: Red, White, and Blue OR any activity from Non-Food Sensory Bin Items (List Included in December Bonus Pack)  
VP/VM: 4<sup>th</sup> of July Word Search OR 4<sup>th</sup> of July BINGO

**AUGUST**

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**Week 33 Numbers**

GM: Measuring Scavenger Hunt  
FM: Road Number Printables  
Cog/Sens: Kids STEM Activity Cards  
VP/VM: Numbers Eye-Spy from HUGE Eye-Spy Pack (pg. 49-76)

**Week 34 Friends**

GM: Simon Says (Discuss How to Play with Friends on Playground)  
FM: Friendship Flower FM Activity  
Cog/Sens: Lunchtime Conversation Starters PLUS Social Distance Greeting Posters  
VP/VM: Kindness Game Sort

**Week 35 School**

GM: What Fits into the Backpack GM Activity  
FM: School Lacing Cards  
Cog/Sens: Back to School Prep Kit  
VP/VM: School & Shapes Drawing Worksheets

**Week 36 iADLs**

GM: Sock in Laundry Basket GM Activity  
FM: Home Sort and Difference Activity Pack  
Cog/Sens: Grocery Game Kit  
VP/VM: School & Shapes Drawing Worksheets

**Week 37 Opposite**

GM: Opposite Cards for Obstacle Course  
FM: Living/Non-living Activity Pack  
Cog/Sens: Land, Water, Sky Activity Sort  
VP/VM: Opposite Day Activities

**SEPTEMBER**

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**Week 38 Community Helpers**

GM: Community Helpers Act Out

FM: Helpers Sorting, Classification, and Writing

Cog/Sens: Emergency Services Board Game

VP/VM: Eye-Spy Hero Pack OR Community Helpers & Occupations Puzzles (also used in week 19).

**Week 39 Autumn**

GM: Fall Scavenger Hunt (Prep items in supply list)

FM: Fall Lacing Cards OR Pumpkin Emotions Pack

Cog/Sens: Fall Dough Mats

VP/VM: Fall LEGO Challenge

**Week 40 Desert**

GM: Desert Movement Cube Activity

FM: 3-D Cactus Craft (Instructions Provided)

Cog/Sens: Reptile Pack

VP/VM: File Folder Cowboys Alphabet Sort

**Week 41 Nature**

GM: Videos of Nature w/ Music Movement

FM: Dough Tree Game

Cog/Sens: Make Shakers with Plastic Eggs and Nature Items

VP/VM: Tangram Shapes Pack

**BONUS OT Tips**

GM, FM, Sensory, VP/VM

**OCTOBER**

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**Week 42 Monsters**

GM: Monster Gross Motor Matching Game

FM: Alien Spaceship Craft

Cog/Sens: Paper Bag Haircut Make Scarecrow (Instructions Provided)

VP/VM: Monster Alphabet Printable Puzzle

**Week 43 Pumpkins**

GM: Fall GM Activity

FM: Pumpkin File Folder Game

Cog/Sens: Pumpkin Dough Activity OR Pumpkin Emotions Set

VP/VM: Pumpkin Size Sort and Pumpkin Memory Game

**Week 44 Farm**

GM: Animal Walks OR Learn Chicken Dance

FM: Farm Activity Pack OR Farm Q-Tip Printable

Cog/Sens: Corn Sensory Bin with Plastic Veggies

VP/VM: Farm Letter Dab OR with Pom-Poms

**Week 45 Halloween**

GM: Move to Super Simple © Songs Halloween Music

FM: Halloween Lacing OR Clipping Cards Candy Corn

Cog/Sens: Halloween Would You Rather?

VP/VM: Halloween Do-A-Dot

**BONUS OT Tips**

GM, FM, Sensory, VP/VM

## **NOVEMBER**

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### **Week 46 At the Park**

GM: Park Movement Activity Printable

FM: Turtle Pipe Cleaner Craft (Instructions Provided)

Cog/Sens: Sensory Bins with Grass, Rocks, Sand, and Items from Park

VP/VM: Animals Eye-Spy from HUGE Activity Pack (pg. 147-156)

### **Week 47 Self-Care**

GM: Use Age-Appropriate Self-Care Items and Gather them During GM Obstacle Course

FM: Color Match Dental Items

Cog/Sens: 12 Months of ADLs (Can use EVERY Month)

VP/VM: Hygiene Mini Book – Read and Choose Items Gathered During GM Activity

### **Week 48 Transportation**

GM: Red Light-Green Light Game OR Make Tracks with Masking Tape and Child Crawls to Imitate Vehicles

FM: Q-Tip Transportation Pack

Cog/Sens: Road Signs Dough Pack OR Dough to Make Roads for Toy Vehicles

VP/VM: Transportation Shadow Match

### **Week 49 Thanksgiving**

GM: Fall Gross Motor Activity Printable

FM: Turkey Paper Craft OR Turn Strainer Upside-Down and Push Colored Pipe Cleaners into Holes

Cog/Sens: Clipping Cards - Turkey

VP/VM: Thanksgiving Color by Number

### **Week 50 Thanksgiving #2**

GM: Make a Turkey GM Game Printable Activity

FM: Feed the Turkey (Instructions Provided)

Cog/Sens: Make a Sensory Bin of Sticks, Feathers, Leaves, Fall-color Pom-Poms, etc.

VP/VM: Thanksgiving Eye-Spy Pack

## **DECEMBER**

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### **Week 51 Winter Animals**

GM: Snow Person Moves

FM: Winter Creatures FM Pack

Cog/Sens: Bin of Cotton Balls Winter-Themed Erasers Use Jumbo Tweezers

VP/VM: Snowperson Find-It

### **Week 52 Holiday #1**

GM: Santa Says

FM: Christmas Lacing Cards

Cog/Sens: Clipping Cards - Reindeer

VP/VM: Pumpkin Size Sort and Pumpkin Memory Game

### **BONUS Week Holiday #2**

GM: Reindeer Movement Fun

FM: Christmas Bundle OR Tree Stringing Craft

Cog/Sens: Grinch Slime (Instructions Provided)  
VP/VM: Christmas Word Search

**BONUS Week Winter – NON-Christmas**

GM: Glove Game Printable

FM: Winter Lacing Cards

Cog/Sens: Kwanzaa Dough

Hanukkah Dough

PLUS, Sensory Bin Items A-Z

VP/VM: HUGE Eye-Spy Activity Pack ALL Months

**BONUS OT Tips**

GM, FM, Sensory, VP/VM